IVELISSE'S FAVORITE PRODUCTS



- 1. Good Stuff Gypsy Cream (So many uses! Used in hospitals in Montana for newborns diaper rash. Ivelisse uses as her night moisturizer)
- 2. Dr Bronners Organic Lip Balm
- 3. Beauty Counter
- 4. Avalon Organics Lavender hand and body lotion
- 5. Sleep Salve (Ivelisse puts on the bottoms of her feet before bed

www.mountainavenherbal.com)

- 6. Seventh Generation
- 7. doTerra's Citrus Bliss Deodorant
- 8. Essential Oil Soy Candle (Local crafter in Ft. Collins makes to look like local mountain ranges in Colorado)
- 9. Dazzle Dry Nails (Nail Polish lasts 2-3 weeks without chipping! Fun colors too!)
- 10. Everyone Soap
- 11. Little Seed Farm organic deodorant cream
- 12. Wool Dryer Ball (Use instead of dryer sheets. You can place a drop or two of your favorite essential oil too!)

- 13. Ecos Dishwashing Liquid
- 14. Urel Aurum Lavendar Rose Cream (Rub a little over your heart to relieve stress and during travel -<u>www.urielpharamcy.com</u>)
- 15. doTerra Therapeutic Grade Essential Oils
- 16. White Vinegar (3 parts vinegar to 1 part water for cleaning wood floors, carpet, counters, etc. Also use ¼ cup in laundry to remove odors from performance wear!)
- 17. Emminence Tinted Moisturizer with SPF 30
- 18. Boudler Cleaning Products
- 19. Coola Sunscreen

Helpful Apps:

EWG - Environmental Working Group - <u>www.ewg.org</u> Think Dirty Shop Clean - <u>www.thinkdirtyapp.com/</u>

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